



Executive Summary of Joint Working Outputs
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Project Title	Brook Contraceptive Services Expansion Project
Duration	September 2017 to June 2019
Project Partners	<ul style="list-style-type: none"> • Brook Young People • Bayer plc
What was the issue to be addressed?	<p>Brook identified gaps in the range of contraceptive offerings available to patients and in the training of their healthcare professionals. The aim was to ensure that Brook would be able to provide access to a full range of contraceptive methods and to ensure that patients receive relevant information.</p> <p>Brook and Bayer developed a Joint Working Project to collaborate on transforming Brooks’ contraception services across the UK. This included the means to offer intrauterine methods of contraception (IUC – IU Systems & IU Devices) to meet the aim outlined above.</p>
What was the intervention?	<p>To develop:</p> <ul style="list-style-type: none"> • An IUC fitting service available for patients in each of the existing Brook services and subsequent new services • Patient pathways and signposting ensuring access to fitting services for all long acting reversible (LARC) methods (including intrauterine methods) when chosen or required • A welcoming environment where women can make an informed choice after positive counselling and the provision of information on the full range of contraceptive methods (including intrauterine methods for contraception and emergency contraception) • A range of face-to-face and online training to equip HCPs to provide LARCs (including IUC) as a contraceptive offering • Training for Brook’s education staff to educate young people about LARCs (including IUC) as a contraceptive offering
What were the results?	<ul style="list-style-type: none"> • More conversations with young people on IUD / IUS (14.16% increase in interactions) • More young people fitted with IUD / IUS (5.3% acceptance rate that indicates a 72.3% increase) • Healthcare professionals felt better equipped to counsel young people on the full range of options

	<ul style="list-style-type: none">• Very positive and high ratings by young people across all key dimensions of the process
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